



Follow Up Questions to Unplanned

These questions are meant to be used as a follow up to viewing the movie Unplanned. Their intent is to spur discussion and to help those who see the movie process what they have just seen and witnessed. If a viewer is in distress after seeing the movie, it is appropriate to refer them to a professional who can help them deeply process why they are in distress and explore healing options.

1. Was this movie what you expected? Why? Why not?

2. Which scene impacted you the most? (Name the scene but don't elaborate).

- a. What were you thinking when you watched this scene? (Give specific thoughts, not feelings)
- b. What did you feel as you watched this scene? (Name specific emotions, no more than 3 or 4 but do not elaborate beyond the feelings themselves)
- c. Did your thoughts match your feelings while watching that scene? How did they match? How were they opposed? (Be specific)
- d. How did your body react to this scene? (ie: Did you get tense? Did your stomach get butterflies? Did you sweat? Etc)
- e. Even though you had a strong reaction to this scene, do you think it was important to include in the movie? Why or why not?

3. What was your attitude towards women who have abortions before seeing this movie? What is your attitude towards them now? What changed (or didn't change)?

4. What was your attitude towards abortion clinic workers and abortion doctors before this movie? What is it now? What changed (or didn't change)?

5. Of all the characters in the movie, with whom do you most identify? Why?

6. Why do you think Abby and Doug agreed to share their story, even though it is a hard story to share? Would you ever agree to share your worst decisions and worst sins publicly on a giant movie screen for the world to see? Why or why not?

7. Now that you have #SeenWhatSheSaw, what do you think will change?





8. There have been some people (Mostly Planned Parenthood and ProChoice organizations and publications) who have tried to suggest that Abby made up her life story. Why do you think they would say that? What do they have to lose by her telling their story?

- a. Why would Abby lie? If she was going to lie, wouldn't she leave out all the decisions she made that she isn't proud of?
 - b. If Abby was making all this up, wouldn't Planned Parenthood have sued her (again) by now?
- Or presented actual evidence? Since they haven't, what do you think that means about who is telling the truth?

9. Some people say that babies in the first trimester are not actually formed, that they are a clump of cells and not "really babies." How do you know this isn't true? How would you explain to someone the biological and scientific facts about human development?

10. If you could invite anyone to see this movie, who would it be and why?

As a way to move forward we suggest these action steps:

1. Look up the stages of fetal development. Here is one resource:
<https://www.babycenter.com/fetal-development-week-by-week>. Note which week the heart begins to beat.
2. Read Abby's response to the claims that she made up her life's story or didn't really see an untrasound-guided abortion: <https://thefederalist.com/2019/04/08/yes-really-see-ultrasound-guided-abortion-made-pro-life/>
3. Find out where your local Pregnancy Resource Center is.
4. Pray for abortion clinic workers to quit their jobs and join our prayer team and community using the pray.com app.:
<https://abortionworker.com/printables/>
5. Find out where the closest abortion clinics to you are located.
Consider praying with a group out front. Plug in to Sidewalk Advocates for Life in your area.
<https://sidewalkadvocates.org/>
6. If you have been personally affected by abortion seek the healing and resources available through Support After Abortion: <https://supportafterabortion.com/>
7. If you work in an abortion clinic and want to quit, contact <http://abortionworker.com>
8. Consider becoming a monthly or one-time donor to Abby Johnson's Ministry, And Then There Were None, to help other abortion clinic workers like she was, quit like she did. <http://abortionworker.com/donation>

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